



Nurse Practitioner Alliance of Alabama

15th Annual Conference

November 12-13, 2021

Friday, November 12, 2021

7:00 – 8:00	Breakfast and Speaker Sponsored by Abbvie Pharmaceuticals	
8:00 – 8:10	Welcome	D'Ann Somerall, DNP, FNP-BC, FAANP, President NPAA
8:10 – 9:00	Keynote: Year of the Nurse and Big Wins During a Pandemic	Lynn Rapsilber, DNP, ANP-BC, APRN, FAANP
9:00 – 9:50	Legislative Update	Lisa S. Pair, DNP, WHNP-BC
9:50 – 10:15	Break/Exhibits/Posters/Silent Auction	
10:15 – 11:00	ALBON APRN Update	Peggy Benson, MSN, RN, NSHA, NE-BC, ALBON Executive Director
11:00 – 11:50	Meet the Panel of NP Entrepreneurs	Chase Thomas (Moderator) MSN, CRNP Kala K. Blakely DNP, CRNP, NP-C, CNE Laura Hart DNP, FNP-BC
12:00 – 1:00	Lunch/Awards and Speak Sponsored by AstraZeneca	
1:00 – 1:30	Break/Exhibits/Posters/Silent Auction	

Concurrent Sessions

1:30 – 2:10	<p>Pediatric Obesity Part #1</p> <p>Karen McCarty, PhD, MPH, CPNP moderator and 6 multidisciplinary NPs from Children's Hospital</p>	<p>Identifying and Treating Patient Suicidality in Outpatient Clinic Setting and in Tele-Health Model</p> <p>Cori Johnson, DNP, AGNP-C</p>	<p>The A, B, Zzzz's of Sleep Apnea in Your Clinic</p> <p>Kate McConathy, MSN, FNP-BC</p>	<p>Valvular Heart Disease: The New Frontier in Cardiovascular Medicine</p> <p>Mark Sasse, MD</p>
2:10 – 3:00	<p>Pediatric Obesity Part #1</p> <p>Karen McCarty, PhD, MPH, CPNP moderator and 6 multidisciplinary NPs from Children's Hospital</p>	<p>Lessons Learned Moving Forward: Apply SPICES to your life to improve mental health and reach optimal wellness post COVID</p> <p>Robin Gosdin Farrell, DNP, FNP-C Joy DeBellis, DNP, FNP-C</p>	<p>The Impact of COVID-19 on Diabetes Management and the Newest Diabetes Medication Combination Approach</p> <p>Mary Annette Hess, PhD, FNP-BC</p>	<p>STE-ACS / NSTE-ACS Lipid Management: The Role of the NP in Quality Improvement</p> <p>Adam Kinsaul, MSN, ACNP-BC, RNFA</p>
3:00 – 3:30	Break/Exhibits/Posters/Silent Auction			
3:30 – 4:10	<p>Nurse Practitioner Scope-of-Practice Laws and Opioid Prescribing</p> <p>Ben McMichael, J.D.</p>	<p>Meeting the Unique Care Needs of Transgender Youth</p> <p>Erica S. Ramey, DNP, PMHNP, PMHS</p>	<p>Update STI Guidelines</p> <p>Amy Lee, DNP, WHNP</p>	<p>Hepatitis- C</p> <p>Cherie Reed, NP</p>
4:10 – 5:00	<p>Vaccines Across the Lifespan</p> <p>Staci Simmons, DNP, CPNP-AC</p>	<p>Diabetes Treatment Options: Oral Meds and Injectables</p> <p>Michele Talley PhD, ACNP-BC</p>	<p>Screening, Evaluation, and Management of the Abnormal Pap Smear: A Clinical Update</p> <p>William E. Somerall, Jr., MD, MAEd and Lisa S. Pair, DNP, WHNP-BC</p>	<p>Evaluation and Management of Urinary Tract Infections: Best Practices and Current Therapies: Across the Lifespan</p> <p>Gwen Hooper PhD FNP-BC</p>
5:00 – 5:15	Evaluation/Exhibits/Posters/Silent Auction			

Friday, November 12 is worth 8 CE of which 2.5 Pharm



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Saturday, November 13, 2021

Opioid Guidelines Update

7:15 – 8:00	Breakfast	
8:00 – 8:15	Welcome and Requirement Review	D'Ann Somerall, DNP, FNP-BC, FAANP, President NPAA
8:15 – 9:15	Treating Post-Operative Pain: A Better Way	Dr. Jay Suggs, M.D.
9:15 – 10:15	Opioid Guideline Update	Dr. Greg Ayers, M.D.
10:15 – 10:30	Break	
10:30 – 11:30	Prescribing Controlled Substances: What a Practice Needs to Know from a DEA Perspective	Richard Tucker, Drug Education Group
11:30 – 12:15	Protocols and Pitfalls of Prescribing with Pathways to Problem Preventions	Suzanne Lazenby, RN
12:15 – 12:30	Questions and Answers	
12:30	Complete Evaluation and CME Forms	

Accreditation Statement: This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Medical Association of the State of Alabama through the joint providership of the Medical Foundation of Alabama and the Nurse Practitioner Alliance of Alabama. The Medical Foundation of Alabama is accredited by the Medical Association of the State of Alabama to provide continuing medical education for physicians.

Designation Statement: The Medical Foundation of Alabama designates this live activity for a maximum of 4 *AMA PRA Category 1 Credits*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Concurrent Sessions

7:15 – 8:00	Breakfast	
8:00 – 10:15	EKG Workshop Jennifer Miller, DNP, ACNP-BC (4CE total of which 2.0 Pharm)	800-850 OSA: Getting to the Root of Our Patient's Sleepless Nights. Ashley York DNP, AGNP-C, WHNP-BC, NCMP, COI (1 CE total of which 0.5 Pharm)
		9:00-9:50 Treating Sinus Congestion: It's "Snot" Always Clear E. Allison F. Crabtree, DNP, CRNP, FNP (1 CE total of which 0.5 Pharm)
		Suture Workshop Instructors: Dr. William Somerall and Dr. Melanie Hallman (4 CEs total of which 1.5 Pharm) *There is an additional \$50 charge for supplies. This session is limited to 25 people. You must be registered for the entire conference to qualify for this session. Click here for online registration.
10:15 – 10:45	Break	
10:45 – 12:20	EKG Workshop Part 2 Jennifer Miller, DNP, ACNP-BC	10:10-11:00 Evidence-based evaluation and treatment of Vitamin D status Andrea Collins, DNP, NP-C, CNE (1 CE total of which 0.5 Pharm)
		11:10-12:00 Skin Ulcers in Primary Care: What Should I Do? Natalie Baker, DNP, ANP-BC, GNP-BC, CNE, GS-C, FAANP (1 CE total of which 0.5 Pharm)
		Suture Workshop. Part 2 Instructors: Dr. William Somerall and Dr. Melanie Hallman
12:20 – 12:30	Evaluations	